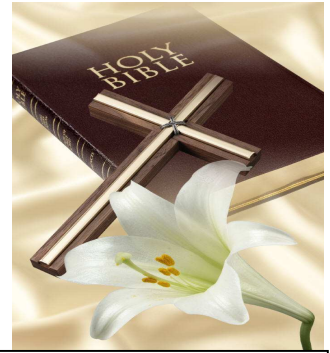


EMMANUEL BAPTIST CHURCH, PORT MARIA, ST. MARY

E-EMMANUEL

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EDITORIAL:

All Saint's Day is the day Christians give thanks for all the good people God has placed in their lives, especially those who have gone on to be with the Lord. It is easy for us to become so engrossed in our immediate concerns that we forget the good that these persons have done. Many of them have contributed to the things we now enjoy and sometimes take for granted. We must never allow ourselves to fall into this state. In fact, we need to show our appreciation by keeping their dreams alive.

There were those who died for their faith in Christ, others initiated ministries that have changed the livelihood of others, some have dedicated their entire life to the service of the poor, the outcasts and the lonely in our societies. They started the work and it needs to be continued. They have passed on the baton to us and now it is our time to make that difference in the lives of those around. You can be a saint too by allowing the Holy Spirit to guide you in the service of the Lord.

*Rev. Oral Campbell
Pastor*

NOVEMBER REMINDERS

- 7th All Saints Day
 - 13th Annual General Business Meeting of the St. Mary Baptist Association (Annotto Bay Baptist)
 - 15th Heart Foundation Clinic
 - 25-26 JBU Youth Conference
 - 27th JBU Youth Rally (Ocho Rios)
 - 28th Association Sunday (Mt. Angus Baptist Church)
 - 28th First Sunday of Advent
- Please remember your Association Fees of \$100.

All Saints Day

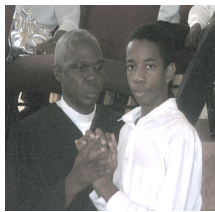
Today is being observed as All Saints day. It is a day when we remember saints who were killed because of their faith in God. As we pause to reflect on the many persons who have died because of their faith in God, let us use this opportunity to also resolve to strengthen our own faith in God despite the challenges that we may encounter.

Today, we want to specially remember our brothers and sisters from Emmanuel who passed away during the last church year and pray that their family members will continue to be strengthened even as they continue to cope with the loss of their loved ones:

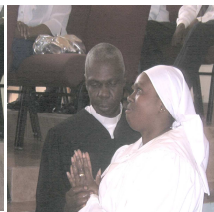
- Bro. Basil Dixon
- Bro. John Harriott
- Sis. Mae Bucknor
- Sis. Adina Kidd
- Sis. Edith Flemmings
- Sis. Florel Miller
- Sis. Vida Guy
- Sis. Ina Thompson

NEW ADDITIONS TO OUR CHURCH FAMILY

Last month, October 3, 2010, we had four persons added to our church family namely Mark Campbell, Natasha Hamilton, Leila Spence and Omarel Whilby-Phillpotts.



Mark Campbell



Natasha Hamilton



Leila Spence



Omarel Whilby-Phillpotts

As is usual when we have new members, we encourage everybody to be in prayer for these persons, give support and offer words of encouragement to our new members.

Welcome to you all!!

November Birthdays

Carmen Allen	5th
Lydia O'Connor	11th
Angella Crump	16th
Maureen Cunningham	16th
Emma Scarlett-Grant	20th
Athelia Williams	22nd
Esther Rumble	29th

The flower for November is the Chrysanthemum, a symbol of the sun and signifying love, optimism, cheerfulness and happiness.

TOPAZ is the birthstone for November.

Cholera

For those persons who may have missed the health talk last Sunday, here is some valuable information for you about cholera:

Cholera is an acute, infectious disease characterized by extreme diarrhea, vomiting, and cramps. Cholera is primarily spread by faeces-contaminated water and food; it is a deadly water borne disease usually resulting from poor hygiene and untreated water. Natural disasters can greatly heighten the cholera risk by damaging the waste water systems. When a person becomes infected with the bacteria that cause cholera, the bacteria begin to multiply within the intestines. The cholera bacteria produce a toxin which keeps the human body from absorbing liquids. Untreated individuals may die from severe dehydration within two to three hours of infection.

Specific symptoms of cholera can include:

- Vomiting.
- Muscle cramps
- Sudden onset and large amounts of watery diarrhea

As fluid is lost, other symptoms can occur, including: Reduced urine production, weakness, increased heart rate, thirst, coma and eventually death.

Cholera can be successfully treated if the infected person visits the doctor as soon as possible and is immediately given replacement of the fluid and salts lost through diarrhea. Cholera can be prevented by ensuring that your surrounding is clean. In addition, pay attention to the following:

- use clean water to wash hands thoroughly after using the toilet
- drink only water that you have boiled, or that you have treated with chlorine
- make sure that all vegetables are properly washed and cooked
- eat only foods that have been thoroughly cooked
- avoid undercooked or raw fish or shellfish
- avoid foods from street vendors.

Thought:

Your mind can only hold one thought at a time. Make sure that that one thought is a positive and constructive one.

26TH JBU NATIONAL YOUTH CONFERENCE AND RALLY

Theme: Christ's Hope: Hear It; Be It; Share It!

The JBU Youth Conference and Rally will be held between November 25 and 27, 2010. The conference will begin with the **opening service at the William Knibb Memorial Baptist Church in Falmouth.** All persons are welcomed to attend the opening service. Those persons who are registered for the conference, will be transported to the Nutshell Conference Centre in Tre-lawny after the service.

At the end of the conference on Saturday morning, the delegates and other registered persons will be transported to Ocho Rios Baptist for the rally. The areas of competition for the rally include: speech, music, dance, culinary art, bible quiz and art and craft. The entry fee for the rally is \$50.00

YOUR FAITH IN GOD

As a Christian, your personal faith in God is all you have to rely on when the hard times come. Listening to preachers preach or to inspirational songs may help to encourage you somewhat but you still must have the faith to believe that God will see you through your difficult times. Faith is having the assurance that whatever you hope for is going to happen. Your faith is the only evidence of things you cannot yet see.

Faith is grounded in an understanding of who God is. Knowing about God is just one part of building faith but you also need to know God and experience Him for yourself in order for your faith to grow and mature.

Remember to pray

... for the sick and shut-in members of the church and in our surrounding communities. Here is a list of our sick and shut-in members:

Sis. Audrey Maxwell (Port Maria Class); Sis. Emma Scarlette-Grant (Port Maria Class); Sis. Inez Graham (Trinity Class); Sis. Herma Grandison (Trinity Class); Sis. Percess Scott (Trinity Class); Bro. Thomas Bennett (Mason Hall Class); Sis. Alberta Bailey (Stennett Street Class); Bro. Jeremiah Dalhouse (Stennett Street Class); Sis. Roslyn Walters (Stennett Street Class); Sis. Daphne Reid (Galina Class); Sis. Georgina Peart (Cox Street Class); Bro. Lucan Scott (Cox Street Class)

We welcome your ideas and suggestions

Please e-mail us at: emmanuel_baptist_1828@yahoo.com

Or write us at: PO Box 64, Pt. Maria, St. Mary

Visit us at our website: www.emmanuelbaptist-jm.org