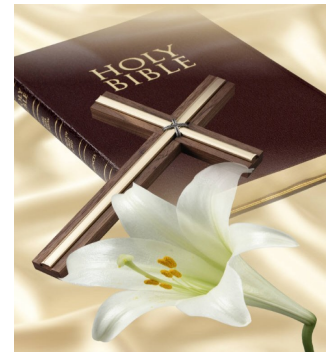


EMMANUEL BAPTIST CHURCH, PORT MARIA, ST. MARY

E-EMMANUEL

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EDITORIAL



Is there such a thing as wholesome families? If so, what does one look like and what advice would you give to parents wanting to develop a wholesome family? Wholesome families exhibit attributes where parents or guardians strive to instill values, trust, security, morals and open communication with each other. Having a wholesome family will demand your time and effort—it is nothing magical.

What are the demands of creating a wholesome family? First, parents must seek the help of God for spiritual guidance and teach godly values to their children. Secondly, parents must provide the necessities of life for their children—nurture, nutrition, appropriate shelter, and education. Third, parents must administer appropriate discipline techniques, particularly those that do not include hitting or belittling, but rather discussion, restitution, or loss of privileges. Finally, parents must be an appropriate and consistent role model for their children. Of course this is by no means an exhaustive list but it's a place to start.

As we celebrate family month this year, make it a different year with your family. We invite you to participate in the family life activities of the church and learn information about making your own life wholesome. Remember, a wholesome individual contributes to a wholesome family; wholesome families make wholesome communities; and wholesome communities make wholesome nations.

*Dahlia Palmer, Chairperson,
Communications Committee*

Views about Motherhood

Some of our members were asked to give their views about motherhood. Here are their views:

A mother should try to be there at all times for her child to give him/her guidance.

Karlane McLean

Mothers need to grow up their children with manners. It is not the sole responsibility of the mother but it's the mother who spends more time with the child.

Violet Sewell

It is a special gift because it's a testing; that is, you need to have patience to deal with children.

Lurline Israel

Awesome responsibility - your life is tailored and there are drastic changes. You have to re-organize your life. To be a good mother you have to be a good role model and portray positive attitudes.

Trevalyn Williams

Being a mother is a special gift from God. He, in His infinite mercy has taught us from the Word and from other books we read how we should bring up children; that is, bring them up in the nurture and admonition of the Lord. As they grow they will be able to pattern you by the example you set for them. Reading the Bible and following what it says, we see how really and truly we should train up our children.

Gladys Spence

I think it is hard work with a lot of commitment.

Gloria Boland

UPCOMING EVENTS:

MAY - FAMILY MONTH

- 14th - Mother's Day
- 18th - Emmanuel Baptist Church's Establishment
- 21st - Memorial Service
- 27th - Marriage Enrichment Seminar and Singles Retreat
- 28th - Exchange of Vows
- Special evening services covering some of the following issues:
 - Coping with separation and divorce
 - Nutrition
 - Youth, sex, pregnancy, abortion
 - Fostering adoption

**Remember to pray
for the sick and
shut –in members
of the church.**

Did you know that each Sunday sermons are tape recorded? You can order a copy of a sermon from the Music & Arts Department.

Some of our Sunday School students share with us: What do you like about Sunday School?



**Amarillo
Mills**

At Sunday School I like learning about the word of God.



Matthew Smith

I enjoy writing about God at Sunday School. I also learn to pray at Sunday School



**Anaque
Gordon**

I love to hear the preaching.



**Shadane
Brown**

I like to learn about Jesus because he died on the cross for our sins.



Althia McKay

I like Sunday School because I have friends here. I learn about God that He loves us. I also learn not to fight because bad things will happen. when you fight.



Shara-Kaye Patterson

I like it when my teacher teaches me. She tells me about loving God and that I should always come to church. I also like it when teacher gives me things to do example pictures to colour like Noah and the Ark. In the story of Noah and the Ark, God told Noah to build the ark because he was going to send rain because people were not listening to him. God told Noah to collect animals two by two. And then he sent rain for 40 days and 40 nights. And when it was morning, a rainbow came and that rainbow made by God says that he will never send a flood again.

SHAPING A CHILD

Many authorities agree that young children form their concept of reality by looking at their parents. By watching what their parents get excited or angry about, children learn what is important. By seeing how their parents relate to others and each other children learn about love and hate. By observing their parents, they learn about every significant issue in life. The child also ascribes god-like characteristics to the parents: what they say is truth; what they demand is law; and how they treat the child is love. If parents' words and actions are loving, protective, and compassionate, then the child likely will experience good emotional, relational, and spiritual health. On the other hand, if parents' words and actions are harmful and confusing, the child's concept of life will be characterized by pain and distortion.

The accuracy of these early concepts and the warmth of the family environment contribute significantly to the child's development in the critical areas of self-concept, relationships with others, and view of God.

Children are supremely moldable. They each have their own God-given personalities and learn to

make their own choices; but like a potter shapes lumps of clay, parents shape the confidence and self-concept of children.

So parents, train up a child in the way he should go, even when he is old he will not depart from it (Proverbs 22:6)

We welcome your ideas and suggestions

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Or write us at:

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Breaking the Cycle of Hurtful Family Experiences

R. S. McGee, P. Springle & J. Craddock, 1994